



TEXAS YOGA CONFERENCE 2012

FRIDAY, FEBRUARY 17, 2012 | www.texasyogaconference.com

CLICK ON THE PRESENTER OR TITLE BELOW FOR MORE INFORMATION.

	Jennyoga Room	Yoga West Room	Sacred Art Yoga Room	Awakened Yoga Room	Big Yoga Room	YogaOne Tent
9:00	Ana Forrest	Gunjen Mittal	Jennifer Buegermeister & Eduardo Krumholz			Chip & Laura
10:00	Tracking Transformation	Yoga & Dance Movement	Warrior Yoga, Flow & the Power of Entanglement	Renu Namjoshi	Sunita Tarkunde	AcroYoga Intensive
10:30	A Forrest Yoga Intensive			Vedic Astrology & Counseling:	Introduction to Ayurveda	
11:00	(two sessions with one-hour lunch break)	Hemalayaa Behl	Dave Regelin	The Trouble with Steve Jobs		
11:30		Hemalayaa Wellness Program	Vesica Intensive			
12:00						
12:30				Maggie Grueskin		
1:00				Burned Out or Stressed Out? Uncovering the Art of Balanced Living		
1:30						
2:00						
2:30				Pam Johnson		
3:00				An Investment for Success: Breathing & Guided Relaxation Techniques		
3:30		Robert Boustany				Beth Reese
4:00		Pralaya Yoga				Yoginos: Yoga for Youth
4:30						
5:00			Charles MacInerney	Lisa Ware	Angi Hunter	Melissa Smith
5:30			Pratayahara (Sense Withdrawal): The 5th Limb	Reiki & Guided Meditation	TED* The Empowerment Dynamic - Building Community	Thai & Fly Yogis
6:00						
6:30	Bhakti Bash					
7:00	with David Newman, Sean Johnson & Wild Lotus Band & Tyagaraja Welch					
8:00						
9:00						